NAVIGATOR BOOKKEEPING

CLIENT STORY · TURNAROUND

Cutting overhead by a third (a turnaround still in progress)

Group therapy practice · with Navigator since 2024

WORST MONTH

from -$15K

Break-even

monthly losses closed

OVERHEAD

-33%

about a third lower

2025

In the black

first profitable year

WHERE THEY STARTED

A group practice losing as much as $14K to $15K in a single month, with the owner waiting to pay herself.

WHAT WE DID TOGETHER

- Reviewed overhead line by line every month
- Tracked the monthly losses as they shrank toward break-even
- Talked through a debt consolidation plan to lower interest

WHAT CHANGED

She cut overhead by about a third. Monthly losses shrank to near break-even during 2024, and 2025 was the practice's first profitable year. In 2026 she's holding costs steady and working on consolidating debt.

This one isn't finished, and we'd rather say that than pretend. Going from losing $15K a month to break-even is real progress, and it's the foundation everything else gets built on.

THE NUMBERS

	2024	2025	LAST 12 MONTHS
Revenue	$541K	$471K	**$493K**
Net profit	($5.7K)	$9.8K	**$2K**

THE LESSON

Stop the bleeding first. Owner pay and growth come after the practice can stand on its own.

Curious what your own numbers could show?

Book a free discovery call at navigatingyourbooks.com

Figures come from this practice's own books, with names withheld. "Last 12 months" ends August or September 2026. Every practice is different, and results depend on your own numbers.